

Daily Learning Planner

*Ideas parents can use to help children
do well in school*

Rollins Elementary School



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Play some instrumental music. Have your child write her own words.
- 2. Challenge your child to make letter shapes with his body. Can he spell his name?
- 3. Which way is the wind blowing? Let your child hang a piece of yarn on a tree branch to find out.
- 4. Today is National Kids Day! Plan a special activity with your child.
- 5. Have your child get a study area ready for school now. Stock it with needed supplies.
- 6. Make a paper crown and let your child play “monarch” for a day. What rules would she set?
- 7. Have your child write directions for making his favorite sandwich. Then follow them together.
- 8. Start a good habit for school. In the evening, help your child choose and lay out clothes for the next day.
- 9. Have a silent conversation with your child. Draw what you want to say.
- 10. Post a meaningful quotation where your child will see it.
- 11. Plan an imaginary vacation with your child.
- 12. Get into a school sleeping routine. Have your child go to bed earlier at night and get up earlier in the morning.
- 13. Find a simple science experiment in a library book or online to conduct with your child.
- 14. Have your child help you make a list of nutritious after-school snacks.
- 15. Help your child clean out her closet. Pass on gently-used toys or clothes to other families.
- 16. Look for a TV program on science or history. Watch it with your child.
- 17. Let your child read you the directions for a recipe.
- 18. Teach your child to wash his hands often—before every meal, after sneezing and after playing outside.
- 19. Encourage your child to reconnect with school friends she hasn’t seen over the summer.
- 20. Does your child need new books? Organize a neighborhood book swap.
- 21. Talk with your child about ways to say *no* to drugs and alcohol.
- 22. Ask your child to give you examples of a complete sentence, an incomplete sentence and a run-on sentence.
- 23. Help your child research a question you don’t know the answer to.
- 24. Go for a reading picnic together. Take some books, a snack and a blanket to sit on.
- 25. Talk about tricky pairs of letters. Help your child distinguish between *w* and *m*, *n* and *u*, and *b* and *d*.
- 26. Make plans to eat at least one family meal a day together.
- 27. See how many ways your child can write a number. For example, 4 can be written 1+3, 2+2, or 6-2.
- 28. What has your child learned this summer? Compliment him!
- 29. Help your child make a list of her goals for the new school year.
- 30. As you plan your child’s activities, remember schoolwork comes first.
- 31. Have your child make a graph of the types of pets that live in your neighborhood.

Helping Children Learn
Tips Families Can Use to Help Children Do Better in School

